

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 The listed starttimes are indicative!

Coaches: Vandermeulen Eric

Coaches: Goossens Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MEN 11+					Heat:7, starttime: 14:10
Heat: 7/13 Lane : 6 Athlete: KARKOUKLI ENES					Q-time: 01:02:79
PB (25m pool): 01:02.79 TEMSE 18/05/2025					PB (50m pool): 01:09.44 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.05		01:02.79	
	00:30.05		00:32.74		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:8, starttime: 14:11
Heat: 8/13 Lane : 5 Athlete: BOURDIAUDHY THIBAU					Q-time: 01:00:66
PB (25m pool): 01:00.66 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:04.22 SB: 01:00.66 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.61		01:00.66	
	00:29.61		00:31.05		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:9, starttime: 14:13
Heat: 9/13 Lane : 1 Athlete: VERHAGEN TOON					Q-time: 01:00:07
PB (25m pool): 01:00.07 TEMSE 23/11/2025					PB (50m pool): 01:01.94 SB: 01:00.07 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.06		01:00.07	
	00:29.06		00:31.01		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 1: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/13 Lane : 1 Athlete: EL BOUHDIDI ISLAM					Q-time: 00:58:23
PB (25m pool): 00:58.23 TEMSE 23/11/2025					PB (50m pool): 00:59.53 SB: 00:58.23 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.59		00:58.23	
	00:28.59		00:29.64		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/13 Lane : 8 Athlete: VERHAGEN ROBBE					Q-time: 00:58:25
PB (25m pool): 00:58.25 T ROSCO 12/10/2025					PB (50m pool): 01:00.35 SB: 00:58.25 T ROSCO 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.02		00:58.25	
	00:28.02		00:30.23		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:12, starttime: 14:17
Heat: 12/13 Lane : 8 Athlete: VAN DE GENDER NILS					Q-time: 00:56:10
PB (25m pool): 00:56.10 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 00:58.00 SB: 00:56.76 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.87		00:56.10	
	00:26.87		00:29.23		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:13, starttime: 14:18
Heat: 13/13 Lane : 3 Athlete: VAN HOEY BILLIET ALEXANDER					Q-time: 00:50:12
PB (25m pool): 00:50.12 TEMSE 23/11/2025					PB (50m pool): 00:53.51 SB: 00:50.12 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:24.09		00:50.12	
	00:24.09		00:26.03		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:27
Heat: 5/12 Lane : 8 Athlete: VERHULST NOOR					Q-time: 01:12:96
PB (25m pool): 01:12.96 Diksmuide 17/11/2024					PB (50m pool): 01:14.19 SB: 01:13.01 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.73		01:12.96	
	00:35.73		00:37.23		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:29
Heat: 6/12 Lane : 1 Athlete: VAN HUL EMMA					Q-time: 01:11:12
PB (25m pool): 01:11.12 WAREGEM 21/04/2025					PB (50m pool): 01:12.71 SB: 01:11.81 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.56		01:11.12	
	00:34.56		00:36.56		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:31
Heat: 7/12 Lane : 6 Athlete: PUNZO MICHELLE					Q-time: 01:08:52
PB (25m pool): 01:08.52 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:10.51 SB: 01:08.52 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.57		01:08.52	
	00:33.57		00:34.95		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:32
Heat: 8/12 Lane : 4 Athlete: DE SMET AMÉLIE					Q-time: 01:07:03
PB (25m pool): 01:07.03 TEMSE 23/11/2025					PB (50m pool): 01:08.38 SB: 01:07.03 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.77		01:07.03	
	00:32.77		00:34.26		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:32
Heat: 8/12 Lane : 7 Athlete: HEBB MINNE					Q-time: 01:07:42
PB (25m pool): 01:07.42 Sint-Amandsberg 19/10/2025			PB (50m pool): 01:11.17 SB: 01:07.42 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.86		01:07.42	
	00:32.86		00:34.56		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:34
Heat: 9/12 Lane : 1 Athlete: VAN DAELE JOSEFIEN					Q-time: 01:06:23
PB (25m pool): 01:06.23 T ROSCO 12/10/2025			PB (50m pool): 01:07.33 SB: 01:06.23 T ROSCO 12/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.25		01:06.23	
	00:32.25		00:33.98		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:35
Heat: 10/12 Lane : 2 Athlete: VERHULST JENTE					Q-time: 01:03:85
PB (25m pool): 01:03.85 TEMSE 24/11/2024			PB (50m pool): 01:04.15 SB: 01:05.51 Sint-Amandsberg 19/10/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.16		01:03.85	
	00:31.16		00:32.69		
					

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+					Heat:11, starttime: 14:37
Heat: 11/12 Lane : 2 Athlete: WULLAERT FIEN					Q-time: 01:01:81
PB (25m pool): 01:01.81 Temse 17/11/2025			PB (50m pool): 01:03.17 SB: 01:01.81 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.01		01:01.81	
	00:30.01		00:31.80		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 4: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 15:07	
Heat: 6/6 Lane : 1 Athlete: BOURDIAUDHY THIBAU							Q-time: 02:45:24	
PB (25m pool): 02:45.24 TEMSE 23/11/2025				PB (50m pool): 02:57.89SB: 02:45.24 TEMSE 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.38		01:20.54		02:03.57		02:45.24
	00:37.38		00:43.16		00:43.03		00:41.67	
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 15:23	
Heat: 4/5 Lane : 5 Athlete: VERHULST AMBER							Q-time: 03:12:47	
PB (25m pool): 03:12.47 Sinbad 16/03/2025				PB (50m pool): 04:07.71SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.22		01:31.79		no time		03:12.47
	00:43.22		00:48.57					
								

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 15:27	
Heat: 5/5 Lane : 6 Athlete: DE BRABANDER CELESTE							Q-time: 02:57:48	
PB (25m pool): 02:57.48 Gent 23/02/2025				PB (50m pool): 03:04.21 SB: 03:01.40 Temse 17/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.20		01:26.28		02:11.78		02:57.48
	00:40.20		00:46.08		00:45.50		00:45.70	
								

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+							Heat:1, starttime: 15:31		
Heat: 1/7 Lane : 3 Athlete: MARTENS YWEIN							Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time SB: no time					
	2 5 M		5 0 M		7 5 M		1 0 0 M		
PB			no time				no time		
	no time								
									

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 6: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:37
Heat: 4/7 Lane : 4 Athlete: VERHAGEN TOON					Q-time: 01:14:99
PB (25m pool): 01:14.99 Sinbad 22/07/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.99	
	no time				
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:37
Heat: 4/7 Lane : 5 Athlete: VAN GOETHEM ARTHUR					Q-time: 01:15:12
PB (25m pool): 01:15.12 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.50		01:15.12	
	00:35.50		00:39.62		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:4, starttime: 15:37
Heat: 4/7 Lane : 6 Athlete: KARKOUKLI ENES					Q-time: 01:15:71
PB (25m pool): 01:15.71 Temse 22/12/2024 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.20		01:15.71	
	00:35.20		00:40.51		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:6, starttime: 15:40
Heat: 6/7 Lane : 2 Athlete: EL BOUHDIDI ISLAM					Q-time: 01:07:81
PB (25m pool): 01:07.81 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.73		01:07.81	
	00:31.73		00:36.08		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 6: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:42
Heat: 7/7 Lane : 1 Athlete: VAN DE GENDER WOUT					Q-time: 01:04:70
PB (25m pool): 01:04.70 Temse 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.09		01:04.70	
	00:30.09		00:34.61		
					

Coach feedback:

Event number: 6: 100M MEDLEY MEN 11+					Heat:7, starttime: 15:42
Heat: 7/7 Lane : 7 Athlete: VAN DE GENDER NILS					Q-time: 01:04:44
PB (25m pool): 01:04.44 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.37		01:04.44	
	00:29.37		00:35.07		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:50
Heat: 4/9 Lane : 3 Athlete: VERHULST AMBER					Q-time: 01:24:45
PB (25m pool): 01:23.15 Temse 23/12/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.15	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:50
Heat: 4/9 Lane : 4 Athlete: VAN HUL EMMA					Q-time: 01:23:43
PB (25m pool): 01:23.43 Temse 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.57		01:23.43	
	00:38.57		00:44.86		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:50
Heat: 4/9 Lane : 7 Athlete: PUNZO MICHELLE					Q-time: 01:26:15
PB (25m pool): 01:26.15 Temse 22/12/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.42		01:26.15	
	00:40.42		00:45.73		
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:50
Heat: 4/9 Lane : 8 Athlete: VERHULST NOOR					Q-time: 01:28:01
PB (25m pool): 01:28.01 Stedelijk Zwembad Geel 11/02/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:28.01	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:55
Heat: 7/9 Lane : 6 Athlete: DELPORTE LOTTE					Q-time: 01:14:27
PB (25m pool): 01:14.27 Lokeren 29/09/2024					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.27	
	no time				
					

Coach feedback:

Event number: 7: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:55
Heat: 7/9 Lane : 7 Athlete: WULLAERT FIEN					Q-time: 01:14:87
PB (25m pool): 01:14.87 Sinbad 22/07/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:14.87	
	no time				
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 8: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 16:00	
Heat: 1/3 Lane : 2 Athlete: MARTENS YWEIN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 16:04	
Heat: 2/3 Lane : 6 Athlete: VAN GOETHEM ARTHUR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 8: 200M BUTTERFLY MEN 11+							Heat:3, starttime: 16:08	
Heat: 3/3 Lane : 6 Athlete: VAN HOEY BILLIET ALEXANDER							Q-time: 02:16:89	
PB (25m pool): 02:16.89 Sint-Amandsberg 27/10/2024				PB (50m pool): 02:26.10SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.24		01:04.03		01:40.38		02:16.89
	00:29.24		00:34.79		00:36.35		00:36.51	
								

Coach feedback:

Event number: 9: 200M BUTTERFLY WOMEN 11+							Heat:1, starttime: 16:12	
Heat: 1/2 Lane : 4 Athlete: VERHULST JENTE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:40
Heat: 8/9 Lane : 2 Athlete: VERHAGEN ROBBE					Q-time: 01:06:24
PB (25m pool): 01:06.24 TEMSE 23/11/2025					PB (50m pool): 01:08.65 SB: 01:06.24 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.39		01:06.24	
	00:32.39		00:33.85		
					

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+					Heat:9, starttime: 16:42
Heat: 9/9 Lane : 1 Athlete: VAN DE GENDER WOUT					Q-time: 01:01:41
PB (25m pool): 01:01.41 TEMSE 23/11/2025					PB (50m pool): 01:05.92 SB: 01:01.41 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.26		01:01.41	
	00:30.26		00:31.15		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 17:00
Heat: 8/11 Lane : 1 Athlete: HEBB MINNE					Q-time: 01:17:82
PB (25m pool): 01:17.82 Gent 23/02/2025					PB (50m pool): 01:23.78 SB: 01:19.07 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.21		01:17.82	
	00:38.21		00:39.61		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 17:00
Heat: 8/11 Lane : 6 Athlete: DE SMET AMÉLIE					Q-time: 01:16:01
PB (25m pool): 01:16.01 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:16.66 SB: 01:16.01 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.80		01:16.01	
	00:36.80		00:39.21		
					

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 17:00
Heat: 8/11 Lane : 8 Athlete: VAN DAELE JOSEFIEN					Q-time: 01:17:97
PB (25m pool): 01:17.97 Sint-Amandsberg 19/10/2025					PB (50m pool): 01:20.67 SB: 01:17.97 Sint-Amandsberg 19/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.10		01:17.97	
	00:39.10		00:38.87		
					

Coach feedback:

Event number: 12: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 17:02
Heat: 9/11 Lane : 7 Athlete: DE BRABANDER CELESTE					Q-time: 01:14:36
PB (25m pool): 01:14.36 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:18.65 SB: 01:14.54 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.62		01:14.36	
	00:35.62		00:38.74		
					

Coach feedback:

Event number: 14: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 17:28
Heat: 2/2 Lane : 3 Athlete: DELPORTE LOTTE							Q-time: 05:24:85
PB (25m pool): 05:24.85 T ROSCO 12/10/2025				PB (50m pool): 05:31.56 SB: 05:24.85 T ROSCO 12/10/2025			
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M
PB		00:35.48		01:17.65		01:59.50	02:40.12
	00:35.48		00:42.17		00:41.85		00:40.62
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5
PB		03:27.02		04:13.84		04:49.52	05:24.85
	00:46.90		00:46.82		00:35.68		00:35.33
							

Coach feedback:

Laatste kans Vita: Session: 1: COACH evaluation sheet for TEAM: STW

Event number: 15: 4x50M MEDLEY MEN 11+							Heat:2, starttime: 17:42	
Heat: 2/3 Lane : 2 Athlete: TEAM STW 14							Q-time: 02:14:84	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 15: 4x50M MEDLEY MEN 11+							Heat:3, starttime: 17:45	
Heat: 3/3 Lane : 2 Athlete: TEAM STW 1							Q-time: 01:59:72	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY WOMEN 11+							Heat:2, starttime: 17:51	
Heat: 2/3 Lane : 5 Athlete: TEAM STW 14							Q-time: 02:21:68	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 16: 4x50M MEDLEY WOMEN 11+							Heat:3, starttime: 17:54	
Heat: 3/3 Lane : 7 Athlete: TEAM STW 1							Q-time: 02:18:05	
PB (25m pool):			PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: